

Dr. SOMERVELL MEMORIAL CSI MEDICAL COLLEGE, KARAKONAM
FOUNDATION COURSE
August 2019

Orientation Week

Date	Day	8.30 am to 12.30 pm	12.30-1.30	1.30 to 4.30 pm
1-Aug	Thur	8.30 - 10.30 (1A) Dean Address to the new MBBS Graduates and their parents Dr. Samson Nessian, Principal 10.30- 12.30 (1A) Introduction to Institution- Vision and Mission Dr. S.Baburaj	LUNCH	Preclinical Dept rounds and facilities in the campus. (Dr. Sayam, Mr. Arun Willaim, Mr. Stellin, Dr. Aswathy, Dr. Manjula and all tutors of preclinical depts..) HOSTEL VISIT
2-Aug	Fri	8.30- 10.30 (1D) Overview of the MBBS Curriculum, its structure, outcomes, and its relation to carrier pathways. Dr. Gopinathan Nair. 10.30 -12.30(1D) Roles of an Indian Medical Graduate and relate it to the society- Dr. Apuca Susan Mathew	LUNCH	Career pathways and opportunities for personal growth-(1D) Dr. PremKumar & Dr. Achsa, General Surgery
3-Aug	Sat	Role of physician in the society medicine-(1B) Dr. Mohanchand	LUNCH	HOSPITAL ORIENTATION-(1B) Dr. Shiburaj & Dr. Rejee Ebenezer OUT DOOR SPORTS
4-Aug	Sun	Holiday		
5-Aug	Mon	8.30- 9.30- (1A) Rules and Regulations of the Institution – Dr.Indira M.V. 9.30- 10.30- Exams and University Rules.- Dr. C.Vrijakumari 10.30- 12.30 History of medicine & alternate health system-(1A) Dr. Hari, Ophthalmologist	LUNCH	LIBRARY VISIT- Librarian OUT DOOR SPORTS

6-Aug	Tue	8.30 AM – 12.30 PM(1E) Principles of family practice- Dr. Indira M.V., Dr. Subha, Dr.Delinda, Mrs. Suja Baby, Principal (College of Nursing)			LUNCH	(1E) Role of Physician at various levels of Health Care delivery. Dr. IndiraM.V & Co. IN DOOR GAMES.
7-Aug	Wed	Immunization requirements of Health care Professionals (2E) Dr. Maneksh Kumar			LUNCH	(2F)1.30 - 3.30 pm Awareness and significance of documentation in patient care and proper method of documentation. Dr. Rejee Ebenezer. 3.30-4.30 pm (2 B) Introduction to BLS . Dr. Paul
8-Aug	Thur	8.30-12.30 PM	BLS (2B) Perform basic life support in skills lab Dr. Paul	(2A) Perform first aid in simulated environment Dr.Sandeep	(2C) Demonstrate universal precautions, proper hand washing,etc Dr. Bewin	LUNCH Extracurricular activities.(6B) Dr. Benita P.Devanesan and tutors of preclinical departments
9-Aug	Fri	8.30-12.30 PM	BLS (2B) Perform basic life support in skills lab Dr. Paul	(2A) Perform first aid in simulated environment Dr.Sandeep	(2C) Demonstrate universal precautions, proper hand washing,etc Dr. Bewin	LUNCH OUT DOOR GAMES
10 & 11Aug	Sat Sun	Holiday				

12-Aug	Mon	8.30-12.30 PM	BLS (2B) Perform basic life support in skills lab Dr. Paul	(2A) Perform first aid in simulated environment Dr.Sandeep	(2C) Demonstrate universal precautions, proper hand washing,etc Dr. Bewin	LUNCH	Assessment of skill performance Formative Assessment OSCE
13-Aug	Tue	8.30-12.30 PM (2D) BIOMEDICAL WASTE SEGREGATION, AND MANAGEMENT IN ACCORDANCE WITH NATIONAL REGULATIONS- Dr.Kiran Gopal				LUNCH	(2D) REFLECTION OF THEIR OBSERVATION, OSCE. OUT DOOR SPORTS
14-Aug	wed	8.30-12.30 PM (3A) Health care system in India, relevance and delivery, National Health priority- Dr. Blessed Singh S., Dr. Amritesh Kumar & Community Medicine Dept.				lunch	Extracurricular activities. (6B)- Dr. Benita P.Devanesan and tutors of preclinical departments
15-Aug	Thu	HOLIDAY.					
16-Aug	Fri	8.30-12.30PM (4A) Professionalism, Ethics and Concept- Dr. Pradeep,- Consequences of unprofessional and unethical behaviour – Dr. Renjit				LUNCH	Formative Assessment. (4A) Indoor Sports
17-Aug	Sat	8.30- 12.30 PM. (3B) Community health centre visit. Introduction to health care workers, introduction and interaction with patients – Dr. Shabna Basheer, Community Medicine				LUNCH	Outdoor Sports
18-Aug	Sun	HOLIDAY					

19-Aug	Mon	8.30AM -12.30 PM (4C) Professional and Altruistic behavior- Dr. Punitha Thetraravuoli, Dr. Adelin Thangam	LUNCH	(4C) SPORTS
20-Aug	Tue	8.30- 12.30 PM. (4D) Working in a health care team (leadership, team work, communication) Dr. Christina, Dr. Renjitha Krishnan , Dr. Avinash Mohan	LUNCH	(4D) Assessment.
				Outdoor sports
21-Aug	Wed	8.30- 10.30 PM. (4G) Significance and methods of stress management and risk taking behavior-(Dr. Christina George, Dr. Jasmine, Dr. Apuca, Dr. Elizabeth, Dr.Shimna, Dr.Ranjitha Krishnan) 10.30 – 12.30 PM Understand the role of Yoga and meditation in personal health- Yoga Instructor	LUNCH	Extracurricular activities (6B) Dr. Benita P.Devanesan and tutors of preclinical departments
22-Aug	Thu	8.30- 12.30 PM. (4E) Disability competencies under the five roles of a IMG Dr. Sheldon, Dr. Ackson, Dr. Justin	LUNCH	(4E) Indoor Sports
23-Aug	Fri	8.30- 12.30 PM. Cultural competencies (4F)-1hr- Dr. Joan Time Management (4H)- Dr. Christina & co.	LUNCH	(4H) Assessment
				Sports
24- Aug	Sat	8.30-10.30- Interpersonal relationship (4I) Dr. Christina & co. 10.30-12.30- Learning skills (4J) – Dr. B. Jayalekshmi & Assistant Professors in Pathology, Pharmacology, Microbiology & Forensic Medicine	LUNCH	(5C) English language skills Dr. Sujit Ralin Daniel

25-Aug	Sun	HOLIDAY		
26-Aug	Mon	8.30- 12.30 PM. (5A)Communication skills. Dr. Christina & Co	LUNCH	(5B) Local Language skills Dr. Gopinathan Nair Indoor Sports
27-Aug	Tue	8.30- 12.30 PM. (5C) English Language skills- Dr. Sujit Ralin Daniel	LUNCH	(5B) Local Language skills Dr. Gopinathan Nair Indoor Sports
28-Aug	Wed	8.30- 12.30 PM. (5C) English Language skills- Dr. Sujit Ralin Daniel	LUNCH	(5B) Local Language skills Dr. Gopinathan Nair
29-Aug	Thu	8.30- 12.30 PM. (5D) Computer skills training (Mr. Shaji & Mrs. Soorya)	LUNCH	(5B) Local Language skills (Tamil) Dr. Naraintaran
30-Aug	Fri	8.30- 12.30 PM. Computer skills training (5D) (Mr. Shaji & Mrs. Soorya)	LUNCH	(5B) Local Language skills (Tamil) Dr. Naraintaran
31-Aug	Sat	8.30- 10.30 AM. WHITE COAT CEREMONY(4B) DR. M.V.INDIRA- VICE PRINCIPAL 10.30AM- 12.30 PM. Computer skills Training(5D) (Mr. Shaji & Mrs. Soorya)	LUNCH	Extracurricular activities. (6B) Dr. Benita P.Devanesan and tutors of preclinical departments