

**Dr. SOMERVELL MEMORIAL CSI MEDICAL COLLEGE, KARAKONAM: Foundation Course August 2019**  
**Orientation Week**

Date	Day	8.30 am to 12.30 pm				12.30 pm to 1.30 pm	1.30 to 4.30 pm
1-Aug	Thursday	8.30 - 9.30 Dean Address; 9.30- 12.30 Curriculum- The MBBS Program & career pathways				LUNCH	HOSTEL VISIT
2-Aug	Friday	8.30- 9.30- History of Institution; 9.30- 12.30 History of medicine & alternate health system				LUNCH	Preclinical Dept rounds
3-Aug	Saturday	<b>Role of physician in society medicine</b>				LUNCH	LIBRARY VISIT
4-Aug	Sunday	Holiday					
5-Aug	Monday	8.30- 9.30 Rules & Regulation; 9.30 -12.30 Medical ethics, attitude, professionalism ethics committee ( <b>Ethics committee</b> )				LUNCH	HOSPITAL ORIENTATION
6-Aug	Tuesday	Health care system in India: relevance & delivery; National Health priority				LUNCH	FIRST AID Measures
7-Aug	Wednesday	Universal precautions & vaccinations. Patient safety biohazards				LUNCH	Extracurricular activities & leisure with sports
		<b>Professional development sessions (2 hrs)</b>	<b>Skill 1 (2hr)</b>	<b>Skill 2 (2hr)</b>	<b>Skill 3 (2hr)</b>		
8-Aug	Thursday	Principles of primary care	BLS	LSM	CS	LUNCH	Language & Computer
9-Aug	Friday	Learning skills	BLS	LSM	CS	LUNCH	Language & Computer
10-Aug	Saturday	HOLIDAY					
11-Aug	Sunday	Holiday					
12-Aug	Monday	Professional growth	BLS	LSM	CS	LUNCH	Language & Computer
13-Aug	Tuesday	Univ.rules, exams, attendance Exam & UG cell	BLS	LSM	CS	LUNCH	Language & Computer
14-Aug	Wednesday	skill requirements & certification	BLS	LSM	CS	LUNCH	Language & Computer
15-Aug	Thursday	Holiday					
16-Aug	Friday	Leadership & Team work				LUNCH	Language & Computer
17-Aug	Saturday	Community health center visit- Intro to health care workers & roles; Intro & interaction with patients	FV	FV	FV	LUNCH	Extracurricular activities & leisure with sports

18-Aug	Sunday	Holiday					
19-Aug	Monday	8.30 -10.30- Reflection on community visit; 10.30- 12.30 Interpersonal communication	BLS	LSM	CS	<b>LUNCH</b>	IMA - schemes & program
20-Aug	Tuesday	Intro to Stress and time management	TM	SM	IPR	<b>LUNCH</b>	Language & Computer
21-Aug	Wednesday	Hand washing, biomed safety, biowaste management	TM	SM	IPR	<b>LUNCH</b>	Language & Computer
22-Aug	Thursday	New teaching & learning skills that you will experience	TM	SM	IPR	<b>LUNCH</b>	Language & Computer
23-Aug	Friday	Use of online resources Library	leadership skills	Yoga	group dynamics on team work	<b>LUNCH</b>	Language & Computer
24-Aug	Saturday	Field visit	FV	FV	FV	<b>LUNCH</b>	Extracurricular activities & leisure with sports
25-Aug	Sunday	Holiday					
26-Aug	Monday	8.30 - 9.30 Reflection on field visit 9.30 Simulation based learning <b>Skill lab</b>	leadership skills	Yoga	group dynamics on team work	<b>LUNCH</b>	Language & Computer
27-Aug	Tuesday	Consumer protection act. Medical documentation and records	leadership skills	Yoga	group dynamics on team work	<b>LUNCH</b>	Language & Computer
28-Aug	Wednesday	Gender sensitivity & self defence	SS	SS	SS	<b>LUNCH</b>	Language & Computer
29-Aug	Thursday	Physical & mental health	SS	SS	SS	<b>LUNCH</b>	Language & Computer
30-Aug	Friday	Career pathways	SS	SS	SS	<b>LUNCH</b>	Reflection on safe practices
31-Aug	Saturday	Reflections & extracurricular activities				<b>LUNCH</b>	Extracurricular activities & leisure with sports

SKILLS:
BLS: Basic life support
LSM: Life style modification
CS: Communication skills
FV: Field visit
TM: Time management
SM: Stress management
IPR: Inter personal relationships
LS: Leadership skills
SS: Study skills