DRAFT REGULATIONS FOR PREVENTION AND PROHIBITION OF RAGGING IN MEDICAL
COLLEGES/INSTITUTIONS, 2021
New Delhi, 20th April, 2021

Guidelines, Rules & Regulations for Prevention and Prohibition of Ragging

In exercise of the powers conferred by Section 57 of the National Medical Commission Act, 2019, the
National Medical Commission, New Delhi and in pursuance to the Judgment of the Hon’ble Supreme
Court of India in Special Leave Petition (SLP) 24295 of 2006 dated 16/05/2007 and Civil Appeal No. 887
of 2009 dated 8/5/2009, and “UGC Regulations on curbing the menace of ragging in higher educational
institutions, 2009” which have been notified on 4th July, 2009 in the Gazette of India the National
Medical Commission through the Undergraduate Medical Education Board duly constituted under
Section 16 of the National Medical Commission Act 2019 hereby makes the following regulations.

CHAPTER I
PRELIMINARY

1. SHORT TITLE AND COMMENCEMENT
   (a) Short Title
       These regulations may be called the “Prevention and Prohibition of Ragging in Medical
       Colleges/Institutions Regulations, 2021”
   (b) Commencement
       These regulations shall come into force from the date of publication in the Official Gazette
   (c) Jurisdiction
       These regulations shall be applicable throughout India
   (d) Objective
       The objective of these regulations is to root out ragging in all its forms from medical
       colleges/institutions in the country, by prohibiting it under these regulations, preventing its
       occurrence, and instituting punitive measures against those who indulge in ragging as
       provided for in these regulations and in accordance with prevailing and applicable laws in
       force.

       The Hon’ble Supreme Court has directed all respective Councils / Commissions to adopt
       regulations, for curbing the menace of ragging and adopt the “UGC Regulations on curbing
       the menace of ragging in higher educational institutions, 2009”, which forms the basis of
       these Regulations and therefore both these Regulations may be referred to and read
       together.

2. DEFINITION:
   (a) “Academic Year” means the period from the commencement of admission of
       students to any course of study in the medical college/ institution to the completion
       of academic requirements, including examinations if any, at the end of that particular
       year
   (b) “Fresher” means a student who has been admitted to an institution and who is
       undergoing his/her first year of study in such institution
   (c) “Head of the Institution” means the Dean/Principal/Director or appropriate authority
       responsible for administration including academic and affairs related to students/
       residents/fellows of the concerned medical college/institution.
(d) "Hostel" means any place of residence of students with all its associated areas and facilities such as boarding and administered by the medical college/institution

(e) "MBBS" means the degree of Bachelor of Medicine and Bachelor of Surgery of a university or an approved institution from India in accordance with the Regulations on "Graduate Medical Education, 1997" and subsequent amendments duly recognized by the National Medical Commission under Section 61(2) of the NMC Act

(f) "Medical Colleges / institution" as applicable to this Regulations means any institution within India which grants degrees, diplomas or licences in medicine and include affiliated colleges and deemed to be Universities as approved by the National Medical Commission and listed with the "Undergraduate Medical Education Board" and "Postgraduate Medical Education Board" under the provisions of Sections 24, 25 and 35 of the NMC Act and includes but not limited to all areas such as departments, all teaching and learning facilities, hospitals and all its premises whether academic, residential, playgrounds or canteen whether located within or outside the campus and all means of transportation, public or private, used by students in pursuit of their studies

(g) "Medicine" means modern scientific medicine or allopathy in all its branches and includes surgery and obstetrics, but does not include veterinary medicine and surgery

(h) "National Medical Commission" or "NMC": means a Commission, known as the National Medical Commission, constituted by the Central Government to exercise the powers conferred upon, and to perform the functions assigned to it, as under Section 3 (1) of the National Medical Commission Act, 2019

(i) "NMC Act" or "Act" means the National Medical Commission Act 2019 of the Parliament that has received the assent of the President of India and duly published in The Gazette of India on 8th August 2019

(j) "Notification" means notification published in the Official Gazette and the expression "notify" shall be construed accordingly

(k) "Permanent Registration" is the registration of eligible persons with a duly recognized primary medical qualification as regulated under Chapter VI of the National Medical Commission Act 2019, that permits or provides license to the individual to independently practice modern scientific system of medicine/allopathy in India, as regulated under the Permanent Medical Regulations, 2021 of the NMC

(l) "Postgraduate Medical Education Board" means an autonomous board rein constituted under Section 16 of the National Medical Commission Act 2019 and functioning herein with respect to provisions of Sections 25, Section 35 and other relevant Sections of the NMC Act.

(m) "Prescribed" means prescribed by rules made under the NMC Act and these Regulations

(n) "Ragging" means the act of mis-conduct of students towards one another as defined in Chapter II of these regulations

(o) "Regulations" means the regulations made by the Commission under the NMC Act

(p) "Senior" means a student who is undergoing his/her study in such institution and has been admitted to an institution in the previous academic year or in an earlier year and therefore implies that he/she has joined the institution prior to the batch of a "Fresher"
(q) “Student” means any person enrolled and pursuing a course in any medical College/Institution as approved by the National Medical Commission

(r) “Supreme Court of India” (Bharatiya Uchatama Nyāyālaya) is the supreme judicial body of India and the highest court of India under the constitution

(s) “Undergraduate Medical Education Board” or “UGMEB”; means an autonomous board constituted under Section 16 of the National Medical Commission Act 2019 and functioning herein with respect to provisions of Sections 24, Section 35 and other relevant Sections of the NMC Act

(t) “University” for the purpose of this regulations shall have the same meaning as assigned to it in clause (f) of section 2 of the University Grants Commission Act, 1956 and includes a Health University in India that is established or incorporated by or under a Central Act, a Provincial Act or a State Act, an institution deemed to be university under Section 3 of the UGC Act, 1956, or an institution specially empowered by an Act of Parliament to confer or grant degrees.

(u) “University Grants Commission” or “UGC” means the statutory organization of the Government of India established by an Act of Parliament in 1956, for the coordination, determination and maintenance of standards of teaching, examination and research in university education

(v) “Warden” means an official or officials entrusted with the routine administration and functioning of the hostels by the Head of the Institution

CHAPTER II
DEFINITION OF RAGGING

3. DEFINITION OF RAGGING

Ragging is “Any disorderly conduct whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student.” [Raghavan Committee Report, 2007, para. 3.19 and UGC Notification F.1-16/2007(CPP-II dated 17 June, 2009]

a. Actions that may constitute Ragging

The following actions are included but not limited to those that may constitute “Ragging”

(a) Any conduct by any student or students whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness a fresher or any other student.

(b) Indulging in rowdy or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.

(c) Asking any student to do any act which such the student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or
embarrassment so as to adversely affect the physique or psyche of such fresher or any other student.

(d) Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher.

(e) Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.

(f) Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students.

(g) Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person;

(h) Any act or abuse by spoken words, emails, post, snail-mails, blogs, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student.

(i) Any act of physical or mental abuse (including bullying and exclusion) targeted at another student (fresher or otherwise) on the ground of colour, race, religion, caste, ethnicity, gender (including transgender), sexual orientation, appearance, nationality, regional origins, linguistic identity, place of birth, place of residence or economic background.

(j) Any act that undermines human dignity and respect through humiliation or otherwise.

(k) Any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student.

(l) Any other act not explicitly mentioned above but otherwise construed as an act of ragging in the letter and spirit of the definition under Section 3 of these regulations.

CHAPTER III
MEASURES TO PROHIBIT AND PREVENT RAGGING BY INSTITUTIONS

4. DUTIES AND RESPONSIBILITIES OF INSTITUTIONS
Curbing and eradication of ragging requires the efforts of all stake holders’ stakeholders: seniors, freshers, teachers, parents and the civic society at large. The following are measures that form the broad guidelines for prohibiting and preventing ragging by the Institution.

4.1 Measures to be taken by the Institution to Prohibit Ragging
(a) No institution, shall not in any manner permit or condone any reported incident of ragging in any form; and all institutions shall take all necessary and required measures, including but not limited to the provisions of these Regulations, to achieve the objective of eliminating ragging, within the institution or outside.
(b) All institutions shall take action in accordance with these Regulations against those found guilty of ragging and/or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging

4.2 Measures to be taken by the institution to Prevent Ragging

(a) The following measure shall be taken by the institution before the admission process

(i) All public notifications of the institution related to admission of students to any course as declared in any electronic, audiovisual or print or any other media shall expressly provide that

a. Ragging is a serious offence that is totally prohibited in the institution

b. Anyone found guilty of ragging and/or abetting ragging, whether actively or passively, or being a part of a conspiracy to promote ragging, is liable to be punished in accordance with these Regulations as well as under the provisions of any penal law for the time being in force

(ii) The admission brochure/prospectus/information bulletins in print, digital or any other form should include these regulations

(iii) It shall be incumbent on all organizations conducting examinations for the purpose of entrance or exit or any other form of assessment and counselling / seat allotment related to the colleges to which these Regulations apply to include these Regulations in their Information Bulletin in whichever forms these are available

 a. The National Testing Agency (NTA) shall include these Regulations in the National Eligibility cum Entrance Test [NEET (UG)] for MBBS

 b. The National Board of Examinations (NBE) shall include these Regulations in the Information Bulletin of the National Eligibility cum Entrance Test for Postgraduate [NEET (PG)] and Super-speciality [NEET(SS)] Courses

 c. The Medical Counselling Committee (MCC) of the Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India, conducting Online Under Graduate Medical / Postgraduate / Super-speciality courses Seat Allotment process (Online Counselling) shall display these Regulations on their website for the respective counselling processes

 d. These Regulations shall be available in the Information Bulletin for the National Exit Test (NExT) to be held under Section 15 of the NMC Act becomes operational

 e. Institutions should ensure that if any of their assessments / examinations / counselling related to admission process is conducted by any organization under them or outsourced thereof, the Information Bulletin shall carry these Regulations

(iv) Institutions should stagger the dates of admission such that the “fresh” batch is admitted before the commencement of new sessions of “senior” batches

(v) Before the commencement of the academic session in any institution, the Head of the institution shall convene and address a meeting of various
functionaries/agencies, such as Hostel Wardens, representatives of students, parents/guardians, faculty, district administration including the police, to discuss the measures for curbing ragging

(vi) The Head of the Institution shall constitute Anti-Ragging Committees, Anti-Ragging Squads and other such committees or assign duties to fulfil the provisions of these Regulations

(vii) The institution shall, to make the community at large and the students in particular aware of the dehumanizing effect of ragging, and the approach of the institution towards those indulging in ragging, even utilizing the media to give wide publicity and prominently display posters depicting the provisions of penal law applicable to incidents of ragging, and the provisions of these Regulations in the premises of the institutions especially the hostels

(viii) The contact numbers/details of control room/helpline/personnel related to anti-ragging activities should be prominently displayed, provided and easily available to freshers and all concerned so that immediate contact can be established whenever necessary

(ix) The vacation period before the start of the admission process may be used to publicise the objectives and provisions of these Regulations

(x) The institution shall identify, properly illuminate and keep a close watch on all locations known to be vulnerable to occurrences of ragging incidents

(xi) It should be ensured that except in those areas where unavoidable, there should be no hindrance, by way of jamming etc, to the use of mobile phones, within the institution including hostels and other areas

(xii) It is recommended that monitoring of the campus, or at least areas vulnerable to incidents of ragging be done through video-surveillance

(xiii) The Faculty and staff of the institution shall have induction arrangements, including those which anticipate, identify and plan to meet any special needs of any specific section of students, in place well in advance of the beginning of the academic year with an aim to promote the objectives of this Regulation

(xiv) Every institution shall engage or seek the assistance of professional counsellors or in-house counsellors as may be available in the Department of Psychiatry before the commencement of the academic session, to be available for counselling students

(xv) The institution may form a system of assigning faculty mentors before-hand who would communicate and regularly with students and their parents/guardians

(xvi) The local police and authorities should be provided with details of the dates of admission and the addresses of the every privately commercially managed hostels or lodges used for residential purposes by students enrolled in the institution

(xvii) The Anti-Ragging Squad should have adequate drills to be adequately competent to conduct vigil after students are admitted
(xviii) An Anti-Ragging Control Room may be established with contact details so that students are able to contact the control room at any time of the day or night to report incidents of ragging or seek such assistance as may be needed.

(xix) Adequate and robust communication mechanisms must be put in place so that should the need arise, the institution can immediately and simultaneously contact and relay information within the institution to appropriate officials, the District Authorities and the Police.

(xx) The Institutional Website should have provision for posting Anti-Ragging notifications, activities, and also the reports of incidents of Ragging and the action taken thereof under public domain.

(b) The following measure shall be taken by the institution at the time of the admission process

(i) At the time of Admission an undertaking should be taken that the student shall not be involved in ragging in any manner whatsoever in the format given in Annexures

   a. Undertaking by the Student in Annexure I
   b. Undertaking by the Parent / Guardian in Annexure II

(ii) Those who seek admission in Hostels either within the premises or outside the premises of the Institution shall give an undertaking that the student shall not be involved in ragging in any manner whatsoever in the format given in Annexures

   a. Undertaking by the Student in Annexure I
   b. Undertaking by the Parent / Guardian in Annexure II

(iii) The admission requirements shall include a document in the form of the School Leaving Certificate/Transfer Certificate/Migration Certificate/Character Certificate, as the case may be, which shall include a report on the behavioural pattern of the applicant, so that the institution can thereafter keep intense watch upon a student who has a negative entry in this regard.

(iv) Every student at the time of his/her registration shall inform the Institution about his/her place of residence while pursuing the course of study, and in case the student has not decided his/her place of residence or intends to change the same, the details of his place of residence shall be provided immediately on deciding the same; and specifically in regard to a private commercially managed lodge or hostel where he/she has taken up residence.

(v) Every fresh student admitted to the institution shall be provided with

   a. Details of those who could be contacted such as of the Anti-Ragging Helpline / Control Room referred to in these Regulations, Wardens, Head of the institution, Members of the Anti-Ragging Squads and Committees, relevant District and Police authorities; for help and guidance at any time, if and when required

   b. The details of arrangements made for their induction and orientation which promote efficient and effective means of integrating them fully as students with those already admitted of the institution in earlier years.
c. Their rights as bona fide students of the institution

d. Clear instructions that they should desist from doing anything, with or against their will, even if ordered to by the seniors students, and that any attempt of ragging shall be promptly reported to the Anti-ragging Squad or to the Warden or to the Head of the institution, as the case may be

e. Instructions that at least for a specified period that they would be accompanied and monitored appropriately should they leave their hostel premises to a boarding facility / mess/ canteen or to a recreational facility such as the gymnasium especially in the evening or at night

f. All freshers should seek prior permission and provide contact details and timings of leaving and expected return to hostels and reasons for such visit should they for any reason leave the hostel and institutional premises, such as to visit local guardians etc

(c) The following measure shall be taken by the institution after the admission process

(i) Freshers shall be lodged, as far as may be, in a separate hostel block or wing and the institution shall ensure that access of seniors to accommodation allotted to freshers is strictly monitored by wardens, security guards and other staff of the institution

(ii) The institution should conduct separate orientation programmes for fresh students to apprise and familiarize them with the academic environment of the institution

a. The freshers should be counselled to prepare them for the life ahead, particularly in regard to the life in hostels and to the extent possible, also involve parents and teachers in the counselling sessions

(iii) The institution shall schedule orientation with seniors through:

a. Joint sensitization programme and counselling of both freshers and senior students by a professional counsellor
b. Joint interactions with seniors in the form of cultural and sports activities
c. Actively monitoring, promoting and regulating healthy interaction between the freshers, junior students and senior students by appropriate committees, including the faculty, student advisors, Wardens and some senior students as its members

(iv) Freshers shall be allotted faculty members who shall act as mentors as indicated under Section 5.4

(v) The institution may device its own additional methods and put into place all measures necessary and provided in various sections of this chapter to prohibit and prevent ragging fulfilling the provisions of these and related UGC Regulations as well as applicable law of the land at all costs.

a. All necessary Committees, personnel, measures and plans should be in- place and completely functional and co-ordinated with each other to implement the requirements
b. Students, freshers and seniors, parents, faculty and all other staff should be adequately informed of the provisions of anti-ragging Regulations

c. Strict vigil shall be enforced at all times, by all concerned with special emphasis on hostels and canteen areas

d. Surprise checks round the clock, anonymous surveys and strict enforcement of disciplinary measures should be in force

e. There should be easy accessibility to report incidents of ragging as well as untoward incidents, distress, difficulties of freshers through availability of contact numbers of Heads of Institution, Faculty, Anti Ragging Squad, Members of Ant Ragging Committee, Hostel wardens and other staff directly/ through control room/ helplines

f. There should be established communication / operating protocols with District Administration and Police for their swift and prompt intervention should the need arise

g. The message and the intent must be loud and clear that reporting every incident of ragging is mandatory for all students and staff of the institution and that one every case of ragging shall be dealt with according to the provisions of these and related Regulations as well as those of the law of the land as applicable

(vi) The Institution shall provide reports all regarding Anti-Ragging measures, incidents of Ragging, directions of the Courts to the University at pre-decided intervals which may be weekly for the first three months after admission of students as under Section 6 of this Regulations

(vii) The Institution shall provide Compliance Reports in the format provided in Annexure III, reports regarding Anti-Ragging measures, incidents of Ragging, actions taken thereof, directions of the Courts to the National Medical Commission as under Section 7 of this Regulations

(viii) The above mentioned measures are neither meant to be comprehensive nor complete and the institution is required to utilize measures as provided in different sections of these regulations; and in addition are encouraged not only to innovate and devise measures that would enhance efforts to prohibit, prevent and help identify incidents of ragging but also make suitable suggestions to their affiliated Universities for implementation elsewhere

(d) The following measure shall be taken by the institution at the end of the academic year

(i) At the end of each academic year, the Head of the Institution / Dean shall send a letter to the parents/guardians of the students who are completing their first year reminding them of the provisions of these Regulations and any law for the time being in force to impress upon their wards to desist from indulging in ragging on their return to the institution at the beginning of the next academic session
(ii) At the end of every academic year the institution shall form a 'Mentoring Cell' consisting of Mentors for the succeeding academic year as provided in Section 5.4

4.3 Issue of Migration / Transfer / Conduct Certificates

The Migration/Transfer Certificate issued to the student by the institution shall have an entry, apart from those relating to general conduct and behaviour, whether the student has been punished for the offence of committing or abetting ragging, or not, as also whether the student has displayed persistent violent or aggressive behaviour or any inclination to harm others.

4.4 Measures for encouraging healthy interaction between freshers and seniors

(i) The institution shall set up appropriate committees including the Faculty from Pre-Clinical Years, representatives of students, Warden and some senior students to actively monitor, promote and regulate healthy, interaction between the freshers and senior students.

(ii) Freshers' welcome parties shall be organized at the institutional and / or departmental level by the Senior students and the faculty together preferably within the first two weeks of the beginning of the academic session, for proper introduction to one another and where the talents of the freshers are brought out properly in the presence of the faculty, thus helping them to shed their inferiority complex, if any, and remove their inhibition.

(iii) The institution shall enhance the student-faculty interaction by involving both freshers and senior students students in appropriate matters of the institution, such as curriculum design, extracurricular activities, institutional celebrations etc so that the students feel that they are responsible partners in managing the affairs of the institution.

4.5 Sensitization of Institutional Employees and Staff towards Ragging

(a) It shall be the general collective responsibility of all levels and sections of authorities or functionaries including members of the faculty and employees of the institution, whether regular or temporary, and employees of service providers providing service within the institution, to prevent or to act promptly against the occurrence of ragging or any incident of ragging which comes to their notice.

(b) The institution shall sensitize all teaching and non-teaching members of staff, contract labour employed in the premises either for running canteen or as watch and ward / security staff or for cleaning or maintenance of the buildings/lawns and employees of service providers providing services within the institution regarding the effects of ragging and various sections of this Regulation relating to anti-ragging and the appreciation of the relevant human rights, as well as inputs on topics regarding sensitization against corporal punishments and checking of bullying amongst students, so that every teacher is equipped to handle at least the rudiments of the counselling approach.

(c) The employers/employees of the canteens/mess shall be given necessary instructions to keep strict vigil and to report the incidents of ragging to the college authorities if any.
(d) All institutional employees and staff, including contractual of the Hostels and the Watch and Ward / Security shall be apprised of institutional plans to curb ragging, as appropriate, and clarify duties assigned

(e) All institutional employees and staff, including contractual shall be required to give an undertaking that he / she would report promptly any case of ragging which comes to his/her notice

(f) All employees of the institution shall be instructed to keep a strict vigil in the area of their work and to report the incidents of ragging to the appropriate authorities as may be required

(g) The institution shall make provision for recognizing and rewarding employees and other staff for furthering anti-ragging activities such as reporting incidents of ragging by way of issuing certificates of appreciation, felicitating them and make suitable entries in their service records

5. INSTITUTIONAL COMMITTEES AND RELATED MEASURES

As provided in Section 6.3 of the “UGC Regulations on curbing the menace of ragging in higher educational institutions, 2009”, as well as modifications in these Regulations, every institution shall constitute the following committees and related measures

5.1 Anti-Ragging Committee

The institution shall constitute an Anti-Ragging Committee.

(a) The Anti-Ragging Committee shall broadly comprise of the following members being duly constituted by the Head of the Institution and shall have a diverse mix of persons of different levels and gender

(i) Head of the institution

(ii) Representatives of faculty members,

(iii) Representatives of students belonging to the freshers’ category

(iv) Representatives of senior students

(v) Representatives of parents

(vi) Representatives of non-teaching staff

(vii) Representatives of civil and police administration

(viii) Representatives of local media,

(ix) Non-Government Organizations involved in youth activities

(b) The duties of the Anti-Ragging Committee includes but is not limited to:

(i) Overall monitoring of Anti-Ragging activities of the institution

(ii) Ensuring compliance with the provisions concerning ragging both of these Regulations as well as those of any law for the time being in force

(iii) Monitoring the activities of the Anti-Ragging Squad

(iv) Investigate reports of Ragging, if any, or approve committees formed for this purpose

(v) Make suggestions for improvement of measures taken by the institution for prohibiting and preventing ragging

5.2. Anti-Ragging Squad
The institution shall constitute an Anti-Ragging Squad

(a) The Anti-Ragging Squad constituted by the Head of the Institution shall broadly comprise of Faculty and Staff of the Hostels including Wardens and other staff as may be necessary. There should be a judicious mix of gender in the Anti-Ragging Squad with lady members assigned to Ladies Hostels.

(b) The duties of the Anti-Ragging Squad includes but is not limited to:
   (i) Adhere to a duty roster if so prepared
   (ii) Remain vigilant and agile at all times and also provide necessary details so that the members are easily reachable even by freshers and other students
   (iii) Make surprise checks in the Hostels, boarding areas, playgrounds and transport facilities and other areas even at odd hours for which the Anti-Ragging Squad shall be duly empowered
   (iv) Make discreet enquiries regarding compliance and adherence of these regulations by Seniors
   (v) May be assigned to conduct anonymous surveys that may be random, to identify possibly unreported incidents of ragging as designed by the Institution
   (vi) Checking freshers for any injuries or indirect evidences of possible ragging such as inability to stay awake during the day indicating possible ragging throughout the night / inability to sleep due to fear of ragging
   (vii) Informing the authorities concerned to rectify vulnerable areas such as dark stretches due to fused bulbs etc
   (viii) Make on the spot and other necessary enquiries on incidents of ragging and report to the Anti-Ragging Committee
   (ix) Report all cases of Ragging to the Head of the Institution and other functionaries as may be required
   (x) Make entries regarding timings and details of checking including remarks or findings if any in a register

5.3 Anti-Ragging Control Room / Helpline

The institution shall establish an Anti-Ragging Control Room / Helpline for the purpose of ensuring compliance of these Regulations. It is preferable to house such control rooms within or near the hostel premises. These should be manned round the clock and the contact number / numbers should be provided to all students and their parents at the time of admission. The Control Room / Helpline can be a single-point contact for all emergencies arising out of incidents of ragging and on receiving calls the necessary information can be simultaneously relayed and disseminated to appropriate personnel including the security and police immediately.

5.4 Mentoring Committee / Cell

The Institution shall, at the end of each academic year, in order to promote the objectives of these Regulations, constitute a Mentoring Committee / Cell.

(a) The committee/ cell shall draw a list of faculty members who would volunteer to the mentoring process
(b) The system of mentoring, if so desired may be timed / graded with a group of junior mentors being supervised or overseen by a single senior mentor

(c) The number of students under each mentor may be decided appropriately by the Institution but as a rough guideline should not exceed six

(d) The broad functions of mentors shall be:
   (i) Interact individually with the mentee fresher student every day for ascertaining the problems or difficulties, if any, faced by the fresher in the institution
   (ii) Extend necessary help to the fresher in overcoming the same
   (iii) Coordinate with the Wardens of the hostels and to make surprise visits to the rooms in such hostels, where a member or members of the group are lodged
   (iv) May interact with the parents/ guardians of the mentees to discuss and provide solutions to problems faced by the student
   (v) Maintain a diary of his/her interaction with the fresher under his/her charge

(e) Senior students may be inducted into the Mentoring process under supervision by faculty mentors

5.5 Hostel Committee

The institution may choose to have a separate Student Affairs / Hostel Committee to look after affairs of the Hostel under a Senior Faculty Member who would oversee the affairs of the Hostels. The designated Warden may function under this Committee. This committee shall play an important role in co-ordinating and implementing all anti-ragging measures related to hostels.

5.5.1 Warden

The Hostel Warden is a person employed or designated to take care of administrative affairs, supervise boarding and lodging of students in hostels and ensure that the Rules and Regulations as applicable are obeyed

(a) Wardens shall be appointed as per the eligibility criteria laid down by UGC or any other competent authority of the concerned University / the State Government / Institution

(b) Wardens may be assisted by Deputy Wardens/ Assistant Wardens who shall perform similar duties under the supervision of the Warden

(c) The Warden may function under a Hostel Committee or in any manner as approved by the institution

(d) The Wardens have an essential and important role to play in the anti-ragging efforts of the institution since the hostels are vulnerable areas especially after normal academic hours when fresherers and senior students are likely to face each other in the hostels

(e) Wardens shall be accessible at all hours and shall be provided with mobile phones.

(f) The institution shall review and suitably enhance the powers and perquisites of Wardens and authorities involved in curbing the menace of ragging

(g) Wardens may be empowered to control Security personnel in hostels for anti-ragging measures

6 DUTIES AND RESPONSIBILITIES OF UNIVERSITIES
6.1 The University may formulate its own Regulations in this regard and the ensuing Subsections are largely based on the provisions of UGC regulations, 2009

6.2 The University shall act as the nodal agency of the Institutions which are affiliated being responsible for overall monitoring, reviewing and ensuring compliance to all relevant Regulations and Laws as applicable for prohibiting and preventing ragging in the affiliated colleges

(a) The University shall have a Monitoring Committee that shall be the prime-mover of implementation of all anti-ragging activities of the affiliated institutions. The Monitoring Committee shall

(i) Ensure compliance to the Regulations in letter and spirit, regularly
(ii) Oversee / monitor activities related to
   a. Anti-Ragging Committee, Anti-Ragging Squads and Mentoring Cells
   b. Publicity of anti-ragging Regulations and laws
   c. Conduct of orientation programmes
   d. Orientation and Counselling sessions
   e. Reviewing and approving reports of investigations related to ragging received from constituent colleges/ institutions
   f. Investigation of incidents of ragging by the Institutions as provided under Chapter IV
   g. Implementation by institutions of suggestions for improvement
   h. Any other such activity that may be necessary from time to time

(b) The University shall act as the Appellate Body for all decisions/orders related to incidents of ragging in affiliated Institutions as provided under Section 13 of these Regulations

6.3 The University shall regularly review the Anti-Ragging measures of its affiliated Institutions

(a) The University shall take suitable action, as deemed fit, against defaulting institutions for such non-compliance, under intimation to the National Medical Commission and the State Governments/ Central Government as appropriate, which may include but is not limited to

(i) Withdrawal of affiliation/recognition or other privileges conferred.
(ii) Prohibiting such institution from presenting any student or students then undergoing any programme of study therein for the award of any degree/diploma of the University
(iii) Withdrawal of Grants to the Institution
(iv) Hosting on the website the non-compliance, including incidents of ragging and the actions taken thereof by the Institution
(v) Any other action as deemed fit, provided under the Rules / Regulations of the University

6.4 The University shall play a facilitatory role and provide suggestions to make implementation of measures to prohibit and prevent ragging in Institutions more effective so as to eradicate the menace altogether

6.5 All reports related to incidents of ragging and appeals thereof shall be provided to the National Medical Commission

(a) Since several aspects of Medical Education and training are regulated under the National Medical Commission Act, 2019, the University shall co-ordinate with the National Medical Commission especially when punitive measures related to de-recognition of institutions, courses and degrees are concerned
7. DUTIES AND RESPONSIBILITIES OF NATIONAL MEDICAL COMMISSION

7.1 The National Medical Commission shall monitor Institutions through the Universities with regard to implementation and compliance of these Regulations.

7.2 Every institution shall submit a compliance report annually in the format provided in Annexure III.

7.3 The National Medical Commission shall review compliance during recognition Inspections/Assessments by the Medical Assessment and Rating Board.

7.4 All incidents of Ragging and reports thereof including outcome of Appeals and directions from Courts, if any, shall be provided to the National Medical Commission by the Institution and the University.

7.5 If an Institution fails to comply with these Regulations and curb ragging, the National Medical Commission shall take appropriate action as deemed fit which includes but is not limited to the following:
   (a) Initiate de-recognition process against the institution
   (b) Reduce the admission capacity of the institution to the extent to which the Commission deems fit
   (c) Stop further admission in the institution till further orders
   (d) Stop renewal of permission for undergraduate, Postgraduate and Super specialty Medical Courses
   (e) Post the information regarding penalties so imposed on the concerned institution on the website of the National Medical Commission for information of all concerned
   (f) Any other exemplary measure as may be necessary

8. COURTS
Courts should make an effort to ensure that cases involving ragging are taken up on priority basis to send the correct message that ragging is not only to be discouraged but also to be dealt with sternness.

CHAPTER IV
DEALING WITH INCIDENTS OF RAGGING

9. GENERAL
All matters of discipline within teaching institutions, must be resolved within the campus – except those impinging on law and order or breach of peace or public tranquillity, all of which should be dealt with under the penal laws of the land [Judgement of the Hon'ble Supreme Court of India, Civil Petition No 887 OF 2009 dated 8.5.2009]

10. REPORTING INCIDENTS OF RAGGING
(a) It is mandatory for all concerned to report every incident of ragging
   (i) Not reporting an incident of ragging even by a fresher shall be viewed seriously and may amount to abetment of ragging
(b) The report / complaint of an incident of ragging may be made by a
(i) Fresher, Parent, and other Student
(ii) Authorities of the Hostel, Security Personnel or any other staff such as Canteen staff
(iii) Head of the Institution, Faculty member or Members of the Anti-Ragging Squad/ Anti-Ragging Committee on surprise checking
(iv) Others such as direct complaint to local Police or District Authorities

(c) In all instances without exception the name of the complainant, especially students, unless otherwise permissible, should be kept confidential

(d) Every information / complaint regarding incident of ragging shall be immediately and simultaneously conveyed to the Head of the Institution either directly or through the Control Room/ Anti-Ragging Helpline

(e) Other officials of the institution as shall be previously decided upon such as the Members of the Ant-Ragging Squad and Anti-Ragging Committee, Hostel Warden, Security staff and others shall also be simultaneously informed

(f) Mechanisms shall be in place for immediately relaying information regarding incidents of ragging to the University, District Authorities, Police Officials

11. IMMEDIATE ACTION

(a) On receiving the information of an incident of Ragging the Anti-Ragging Squad or an appropriate authority shall make an immediate on-the-spot enquiry and submit a report /recommendations

(b) On receipt of such information / recommendation, the Head of institution shall immediately determine if a case under the penal laws is made out as outlined in Section 12(a)(ii) and if so, proceed to file a First Information Report (FIR), within twenty-four hours of receipt of such information or recommendation either on his own or through a member of the Anti-Ragging Committee or an official authorized by him in this behalf, with the police and local authorities, under the appropriate penal provisions

(i) If a parent / student directly files a First Information Report (FIR) with the police the Head of the Institution is not absolved of the responsibility of filing a FIR

(c) The Head of the Institution shall in addition inform the University to which the institution is affiliated and the Nodal Anti-Ragging Authority of the District and the National Medical Commission

12. INSTITUTIONAL INQUIRY / INVESTIGATION AND REPORT

(a) The Head of the Institution shall constitute a specific committee to inquire into/ investigate the incident of Ragging without waiting for the report of any other authority even if this is being investigated by the Police/ Local Authorities

(b) The inquiry / investigation shall be conducted thoroughly including on-the-spot or site of the incident in a fair and transparent manner, without any bias or prejudice, upholding the principles of natural justice and giving adequate opportunity to the student or students accused of ragging and other witnesses to place before it the facts, documents and views concerning the incident of ragging, and considering such other relevant information as may be required
(c) The entire process shall be completed and a report duly submitted within seven days of the information/reporting of the incident of ragging.

(d) The report shall be placed before the Head of the Institution/Anti-Ragging Committee.

(e) The Anti-Ragging Committee shall examine the report, decide on and recommend further Administrative Action to the Head of the Institution.

13. INSTITUTIONAL ADMINISTRATIVE AND PENAL ACTIONS

The Institution is obliged to take Administrative Actions as deemed fit after receiving the recommendations of the Anti-Ragging Committee.

(a) The Anti-Ragging Committee, on accepting the Report of the institutional Inquiry/investigation by the appropriate committee shall recommend one or more of the actions provided under Sub-section (b) and (c) of this Section depending on the nature, gravity and seriousness of the guilt established of the act of ragging as given under Chapter II with the understanding that the action shall be exemplary and justifiably harsh to act as a deterrent against recurrence of such incidents.

(i) Provided where the individual person committing or abetting the Act, ragging as defined under Section 3.1 of these Regulations is not identified, based on the findings of the institutional inquiry/investigations, and the subsequent recommendations thereof, the institution shall resort to collective punishment of more than one or a group of persons, as deemed fit, as a deterrent to ensure community pressure on the potential ragers.

(ii) The broad ingredients that call for punitive actions on receipt and approval of the recommendations include but is not limited to:

a. Abetment to ragging
b. Criminal conspiracy to ragging
c. Unlawful assembly and rioting while ragging
d. Public nuisance created during ragging
e. Violation of decency and morals through ragging
f. Physical or psychological humiliation
g. Causing injury to body, causing hurt or grievous hurt
h. Wrongful restraint
i. Wrongful confinement
j. Use of criminal force
k. Assault as well as sexual offences or even unnatural offences
l. Extortion in any form
m. Criminal intimidation
n. Criminal trespass
o. Offences against property
p. Any other act construed as provided under Section 3 and its subsections of this Regulations

(b) The nature of punitive actions that may be decided shall include but shall not be limited to the following, with the provision that one or more of these actions may be imposed, as deemed fit:

(i) Suspension from attending classes and academic privileges.
(ii) Withholding/ withdrawing scholarship/ fellowship and other benefits
(iii) Debarring from appearing in any test/ examination or other evaluation process.
(iv) Withholding results
(v) Debarring from attending Conferences, and other academic programmes
(vi) Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.
(vii) Suspension/ expulsion from the hostel
(viii) Imposition of a fine ranging from Rupees Twenty-Five Thousand to Rupees One Lakh only
(ix) Cancellation of admission
(x) Rustication from the institution for period ranging from one to four semesters
(xi) Expulsion from the institution and consequent debarring from admission to any other institution for a specified period

(c) Additionally, as provided under Section 4.3, it shall be mandatory to enter whether the student has been punished for the offence of committing or abetting ragging, or not, as also whether the student has displayed persistent violent or aggressive behaviour or any inclination to harm others in The Migration/Transfer Certificate issued to the student by the institution

(d) Any other measure as directed by Courts of Law shall be followed

(e) The Head of the Institution shall follow-up the information regarding the incident of Ragging provided under Section 8(c) of these Regulations, to the University to which the institution is affiliated with a report regarding the findings of the institutional level inquiry/ investigations and the actions taken thereof

(f) The Head of the Institution shall provide a report regarding the incident of ragging and the actions taken thereof to the National Medical Commission having informed earlier according to the provisions of Section 8(c)

14. APPELLATE AUTHORITIES
In keeping with the principles of natural justice, those persons who have been awarded punitive measures/ punishments have the right to appeal that rests with the following:

(a) For decisions/ orders at the level of the Institution
   (i) Vice Chancellor of the University to which the Institution is affiliated
   (ii) The Director/ Chief Executive Officer in the case of Institutions of National Importance

(b) For decisions/ orders at the level of the University
   (i) Chancellor of the University to which the Institution is affiliated
   (ii) The President in the case of Institutions of National Importance

15. FIXING OF RESPONSIBILITY
(a) In addition to the Inquiry/ Investigation of the incident of Ragging, it shall be appropriately inquired as to if there has been any dereliction of duty/ lapse in the institution in preventing and handling the incident

(b) The Head of the Institution shall take prompt and appropriate action against the person (s) whose dereliction of duty lead to the incident.
(c) In case the lapse is on the part of the Head of the Institution, the authority designated to appoint the Head of the Institution shall, in its turn, take prompt and appropriate action.

(d) In addition to appropriate penal consequences, Departmental Enquiries be may be initiated against such Heads of Institutions / members of the Administration / Faculty Members / Non-Teaching staff and others who display an apathetic or insensitive attitude towards complaints of ragging.

(e) Remedial measures shall be instituted based on these experiences.

(f) The University and the National Medical Commission shall be informed regarding the actions taken under this section of these Regulations.

16. UNIVERSITY

(a) The University shall be informed of the incident of Ragging by the Institution as required under Section 9(f).

(b) The University shall receive the report regarding the inquiry/investigation and action taken from the Institution.

(c) The University shall act as the Appellate Authority as under Section 13 of this Regulations.

(d) The University shall take action as deemed fit under Section 6 and its Subsections of this Regulations.

(e) The University shall ensure compliance of orders / directions, if any, from the Court of Law.

17. NATIONAL MEDICAL COMMISSION

(a) The National Medical Commission shall be informed of the incident of Ragging by the Institution as required under Section 9(f).

(b) The National Medical Commission shall receive the report regarding the inquiry/investigation and action taken from the Institution and the University including outcome of Appeals if any.

(c) The National Medical Commission on review of the reports shall take appropriate action as under Section 7 of these Regulations.

(i) Additionally, the following actions as deemed fit may be taken:

   a. Impose an exemplary fine of Rs. 1 lakh for each incident of ragging payable by erring medical college/institution to such authority as may be designated by the appropriate Government, as the case may be.

   b. Declare the erring Medical College/Institution/University as not having the minimum academic standards and warning the potential candidates for admission at such institution through public notice and posing on the NMC website.

   c. Declare the erring Medical College/Institution/University to be ineligible for preferring any application u/s 10A of the NMC Act no. 30 of 2019 for a minimum period of one year, extendable by such quantum by the Council as would be commensurate with the wrong.
ANNEXURE I
FORMAT OF UNDERTAKING BY THE STUDENT

1. ____________________________
   (Full Name in Block Letters)

Son/ Daughter of Mr./Mrs./Ms. ____________________________
   (Full Name in Block Letters)

admitted to the course of ____________________________ with Admission
No. ____________________________
   (Name of Course)

at ____________________________
   (Name of College / Institution)

affiliated to ____________________________
   (Name of University)

have received a copy of the REGULATIONS FOR PREVENTION AND PROHIBITION OF RAGGING IN MEDICAL COLLEGES/INSTITUTIONS, 2021 of the National Medical Commission (NMC).

2. I have carefully read and fully understood the provisions in these Regulations.

3. I have particularly perused CHAPTER II SECTION 3 and have fully understood what constitutes “Ragging”.

4. I have also in particular perused Chapter IV and read and understood the Administrative and Penal actions that may be taken against me in case I am found guilty of ragging or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

5. I hereby undertake that:
   (i) I will not indulge in any behavior or act that may come under the definition of ragging as it may be constituted under Section 3 of these regulations
   (ii) I will not participate in or abet or propagate ragging in any form included but not limited to those that may be constituted under Section 3 of these regulations
   (iii) I will not hurt anyone physically or psychologically or cause any other harm.

6. I hereby agree that if found guilty of any aspect of ragging, I may be punished as per the provisions of the NMC Regulations mentioned above and/or as per the law in force.

7. I also declare that I have never been found to be guilty of ragging or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging and have never been punished in any manner for these offences and further affirm that if this declaration is incorrect or false, my admission is liable to be cancelled / withdrawn.

Signed on this ____________________________ day of __________________ month of __________ year

__________________________
Signature

Name: ____________________________
   (Name of Witness 1)

Address: ____________________________
   (Name of Witness 1)

Signature of Witness 1

Signature of Witness 2
ANNEXURE II

FORMAT OF UNDERTAKING BY PARENT / GUARDIAN OF THE CANDIDATE/STUDENT

1. I ________________________________
   (Full Name in Block Letters)

   Father / Mother/ Guardian of Mr./Mrs./Ms. ________________________________
   (Full Name of Student in Block Letters)

   admitted to the course of ____________________________________________
   (Name of Course)

   at ________________________________________________________________
   (Name of College / Institution)

   affiliated to ________________________________________________________
   (Name of University)

   Hereby declare that I have received a copy of the REGULATIONS FOR PREVENTION AND
   PROHIBITION OF RAGGING IN MEDICAL COLLEGES/INSTITUTIONS, 2021 of the National Medical
   Commission(NMC).

2. I have carefully read and fully understood the provisions in these Regulations.

3. I have particularly perused CHAPTER II SECTION 3 and have fully understood what constitutes
   "Ragging".

4. I have also in particular perused Chapter IV and read and understood the Administrative and Penal
   actions that may be taken against my son/ daughter/ward in case he/she is found guilty of ragging
   or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

5. I hereby undertake that my son/ daughter/ ward -
   (iv) Will not indulge in any behaviour or act that may come under the definition of ragging as
   may be constituted under Section 3 of these regulations.
   (v) Will not participate in or abet or propagate ragging in any form included but not limited to
   those that may be constituted under Section 3 of these regulations.
   (vi) Will not hurt anyone physically or psychologically or cause any other harm.

6. I hereby agree that if my son/ daughter/ ward is found guilty of any aspect of ragging, he/she may
   be punished as per the provisions of the NMC Regulations mentioned above and/or as per the law
   in force.

7. I also declare that he/she has never been found to be guilty of ragging or abetting ragging, actively
   or passively, or being part of a conspiracy to promote ragging and have never been punished in any
   manner for these offences and further affirm that if this declaration is incorrect or false, his/her
   admission is liable to be cancelled / withdrawn.

   Signed on this ___________________ day of __________________ month of __________ year

   Signature

   Name: ____________________________
   Address: _________________________

   Signature of Witness 1
   ( Name of Witness 1 )

   Signature of Witness 2
   ( Name of Witness 2 )
## ANNEXURE III

_FORMAT OF UNDERTAKING TO BE PROVIDED BY THE HEAD OF MEDICAL COLLEGE/ INSTITUTION TO THE NATIONAL MEDICAL COMMISSION ANNUALLY ON THE DIRECTIONS OF THE HON'BLE SUPREME COURT REGARDING MEASURES AGAINST RAGGING IN EDUCATIONAL INSTITUTIONS_

<table>
<thead>
<tr>
<th>SL NO</th>
<th>REQUIREMENT</th>
<th>ACTION</th>
<th>REMARKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a</td>
<td>Name of Institution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1b</td>
<td>Address and Contact Nos</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1c</td>
<td>Name of the Head of the Institution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Whether Prospectus / Information Bulletin and Website carries Anti-Ragging Regulations and mention possible actions against Ragging?</td>
<td>Please provide details</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Whether Anti-Ragging Committee has been constituted?</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Whether Anti-Ragging Squad has been constituted?</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Whether names, telephone nos. of authorities to be contacted have been publicized / made available to Freshers</td>
<td>Yes / No</td>
<td>Provide details</td>
</tr>
<tr>
<td>6</td>
<td>Whether students are allowed free access to phones (Cell &amp; Landline) in Hostels and mechanisms are in place for immediately contacting authorities at times of distress</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Whether Seniors are counselled</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Whether Freshers are counselled</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Whether Freshers Orientation Course has been conducted</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Anti-Ragging Committee</td>
<td>10(a) Date of formation 10(b) Name of Member and their Contact nos. 10(c) No. of Meetings held 10(d) Any visits to Hostels/other areas 10(e) Other Measures taken 10(f) No. of cases detected 10(g) Action taken as follow up</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Anti-Ragging Squad</td>
<td>11(a) Date of formation 11(b) Name of Member and their Contact nos. 11(c) Roster of checks 11(d) Frequency of checks 11(e) Surprise checks / raids 11(f) No. of cases detected 11(g) Action taken as follow up</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Inquiries/Investigations</td>
<td>Number</td>
<td>Provide details</td>
</tr>
<tr>
<td>13</td>
<td>Administrative / Penal Actions</td>
<td>Number</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>First Information Reports</td>
<td>Number</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Whether undertaking taken from Students</td>
<td>Yes / No</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Whether Undertaking taken from Parents / Guardians</td>
<td>Yes / No</td>
<td></td>
</tr>
</tbody>
</table>

These are rough guidelines but it is expected that the Regulations have been followed and further details may be provided.
SIGNATURE AND SEAL OF HEAD OF INSTITUTION

Shankar
President (UGMEB)
07/07/2021